

Incorporating what you want to memorize into a story will make it easier to recall the information. Below is a story incorporating the (slightly outdated) seniority order of the 12 apostles of The Church of Jesus Christ of Latter-day Saints.

While attacked by one of the Green Bay **Packers**, Chris tried to **Perry** the blows, but was still put in a half **Nelson**. He escaped to an **Oaks** tree, where he sang a **Ballard**. He thought that would be **Wirthlin** (worthless), but the attacker went away - Chris was **Scott**-free! But then a **Hales** storm started, so he went to **Holland**. He was tired so he went to **Bednar**, and after that he decided to **Cook**. His friend was starving, so **Christofferson** (Chris offered some) of his food.

The idea is to get a vivid picture in your mind. The more unusual it is, the easier it is to remember.