

## TIPS FOR SUCCESS

- Each week make a list of all the homework you need to finish or should get started on for the upcoming week. This includes reading chapters, rewriting notes, doing homework problems, researching for papers, making flashcards, etc. Then estimate (over-estimate) how long each thing will take you and make a note of it (in parentheses) next to the assignment.
- The next step is to plan out when you will get everything done. It is not enough to know what needs to be done and by when. You need to look at your schedule and figure out when you will work on each assignment. First write down when you have your other weekly commitments (such as class, work, etc.) when studying is not possible. Then plug in your assignments where there is enough time available (taking breaks into consideration) until everything on your list has a place.

Based on the University of Central Florida Academic Center's tips

(More tips can be found at <http://sarconline.sdes.ucf.edu/?tag=time-management>)

- Take advantage of pockets of time

### **SMAC that info into your brain!**

#### **Self-test**

Cover your notes and answer questions about the info; flashcards; explain concept to friend

#### **Mix up the order you review**

Instead of starting with chapter 1, try chapter 3 one day, then 1, then 5 etc.

#### **Allow time in between review sessions**

Allow time to forget; it makes the info stick longer in your brain

#### **Combine concepts**

Study definitions from Day 1 with definitions from Day 4; do math problems from chapter 6 & 18

Based on research published in *Make It Stick* by Peter C. Brown, Henry L. Roediger III, Mark A. McDaniel